

# KAIROS

## ANNUAL REPORT



**2023-2024**

## **Introduction**

**Kannur Association for Integrated Rural Organization and Support (KAIROS)** was formed and registered under Charitable Societies Registration Act and started functioning in 1999. This is the official organ of the Mission Diocese of Kannur, holding the areas of Kannur, Kasargode revenue District and Union Tertiary of Mahe, we focused on Socio- Economic Development of the poor and marginalized. KAIROS is a non-profit non-government organization functioning for the development of rural women, senior citizen, widows, HIV Aids infected and affected, Cancer Patients, Endo-salphan affected victims, Tribals, Mentally and physically challenged in 65 villages of the operational areas.

KAIROS is equipped with skillful staff members with adequate qualification and specific in house training and are committed to the cause of the poor and marginalized, especially women. Our Office Staff include a Project officer, a General coordinator Six Regional Coordinators and 65 Village Animators. Besides, there is a squad of administrative staff to carry out the daily business of the office.

KAIROS is entrusted with the already existing People's Organizations – the Women's Organization. Later, KAIROS transformed these People's Organizations into SHGs, and clustering the SHGs, Village Development Committees (VDCs) were formed. The women SHGs were bestowed with material and monetary resources. The organization is running successfully to continue its mission and its supporting role despite the withering resources. Rather than merely fulfilling the ever increasing needs of its target community, KAIROS has now shifted its focus on self-sufficiency through entrepreneurship and empowerment. We are mobilizing funds through KSBCDC for facilitating the needs of our focused community. We have also made significant interventions in the planning and implementation of various projects in the development sector. KAIROS offers several consultation services and has become a part in conducting different assessments and studies for different government agencies. In the recent scenario of increased natural calamities and disaster proneness, we have begun to make interventions in the areas for disaster preparedness and mitigation trainings and activities to create a resilient community. At present, the operational area of KAIROS is divided into six regions consisting of 360 SHGs (Both men and

women), 100 Kolping Units and 40 children's groups (Balavedi's). All these Community based organizations cover a total of 34,342 beneficiaries.

**VISION:** Create a society of justice and peace based on true human values.

**MISSION:** The mission internalized by KAIROS is capacitating the people in all aspects to generate and carryout development at their own level in a participatory and sustainable manner.

**APPROACH:** KAIROS follows a participatory Action- Reflection – Action approach in all our intervention areas, in which all the actors of development have their own specific roles and responsibilities to perform.

**OBJECTIVES**

- Promotion of sustainable people's movement.
- Strengthening decentralization and participatory process.
- Generating gender perspective in development initiatives.
- Promotion of eco friendly initiatives in health.
- Promotion of Entrepreneurial culture.

**SECTORS OF INTERVENTION**

- Micro finance operation
- Jaljeevan Mission
- Environment
- Watershed management
- Gender development
- Health, water and Sanitation
- Capacity building
- HIV/AIDS care and support
- SAFFP (Save A Family Program)
- Education and development
- Rural entrepreneurship development

- Development of weaker sections
- Panchayati Raj and Decentralization
- Agriculture
- Jeevan Madhur (Micro-Insurance)
- Organizing unorganized workers.
- Swavalamban (KLM suraksha ).
- Social Impact Assessment Study.
- CHARIS- Migrants program
- Ashakiranam Cancer Care program
- Sajeevam (Anti-Drug Program)
- SuDHIR (Post Covid Project)
- DRR Project(Disaster Risk Reduction)

## RECOGNITION

- Accredited as Track-A NGO by CAPART, Govt. of India, and Govt. of Kerala for implementation of watershed development programs.
- Selected as Mother NGO by Govt. of India for implementing Reproductive and Child Health (RCH) in Kannur and Kasargod Districts.
- Accredited as State Level NGO to undertake projects for sanitation and environmental hygiene in association with Local Self Govt. Institutions, under Clean Kerala Mission, Govt. of Kerala, and accreditation for availing Micro Finance from Govt. for IGP.
- Member of District Level CO-ordination Committee (DLCC) for Kannur and Kasargod districts chaired by the respective District Collectors

- Member of District level Disease surveillance committee for Kannur District under Health Department.
- Member of District RCH Committees of Kannur and Kasaragod chaired by the concerned District Collectors.
- Member of the District level Land Acquisition (LA) committee
- Appreciation from Irikkur Grama Panchayath for Jalanidhi Project
- Appreciation Certificate from CRS (Catholic Relief Services)
- Member of District Level CO-ordination Committee (DLCC) for Kannur and Kasargod districts chaired by the respective District Collectors
- Member of District level Disease surveillance committee for Kannur District under Health Department.
- Member of District RCH Committees of Kannur and Kasaragod chaired by the concerned District Collectors.
- Member of the District level Land Acquisition (LA) committee
- State Level Empanelment in SIAS (Social Impact Assessment Study)

#### **I. NATURAL RESOURCE MANAGEMENT**

The Natural Resource management is the key sector of KAIROS .In the last two decades we implemented several natural resource management projects and programmes in deferent areas in northern district of Kerala, Kannur and Kasargode revenue district. .All the activities were implemented based on the environment impact assessment report .The Environment Protection and preservation are the prime needs of our society.

Major projects implemented in this year are shown below

## **A. JALJEEVAN PROJECT**



Jaljeevan project is envisioned to provide safe and adequate drinking water through individual households tap connections by 2024 to all households in rural India. This project is implemented with the support of central and state governments and stakeholders. KAIROS is the Implementing supporting agency of the Jaljeevan Project in Azhikode, Pattuvam, Cheruthazham, Madai, Mattool and Ezhome Panchayath of the Kannur district. The main objectives of this programme is to provide FHTCs (Functional Household Tap Connections) by the end of 2024 and to provide safe and enough drinking water. This program also envisages sustainability measures such as recharge and reuse through water management, water conservation and rain water harvesting .

Activities are shown below :

### **A. 1. Water quality test training**

Water quality testing is a crucial component of managing water. Water quality



test



includes Chemical and Biological tests. Water quality test trainings were conducted for selected volunteers with the support of the KRWSA in six

Grama Panchayaths .The Volunteers collected sample water bottle from the households and public taps and wells and tested the water quality. The sample collected from Azhikode 3329, Pattuvam 1193, Ezhome 1555, Mattool 978, Madai, 2992, Total 10047 samples of water collected and tested .Individual reports were given to the households and consolidated report submitted to Grama Panchayats. As a result of the water quality test ,we can create awareness to improve the management of water and water quality .

#### **A. 2.Folk songs and Street play**

Street play is a form of theatre performed outdoors. Actors take their performances to street corners, town squares, and markets. Folk songs and Kalajaatha Campaign is to increase awareness about the scarcity of clean water and sensitize them about the



conservation of water, which is a precious resource and may become a rare element in future. The campaign aimed at reducing everyday water usage rate, as the entire world is expecting water crisis. The programme was staged in eight important locations of these Grama Panchayaths especially, the school premises, Towns of the Grama Panchayaths, Major Junctions etc. In total this street play was staged in fifty areas in these six Grama Panchayaths. We succeeded in creating awareness about the wastage and mismanagement of water.



### **A.3. Health awareness about waterborne diseases**

Conducted Training on Health awareness and waterborne

diseases for selected leaders of Kudumbasree, Anganwadi Workers and helpers .The sessions were handled by Health Inspectors of each Grama Panchayath.



This programme was conducted in collaboration with DMO office Kannur. These sessions focused on addressing the issues of personal healthcare, hygiene and illness prevention. In total, twelve class were conducted in these six Grama panchayaths. The participants were



encouraged to practice health habits and also to take various preventive measures .They were also given information on their field, how to integrate and maintain health and hygiene in their life style.

### **A. 4. Jalasree club Programmes**

Jalasree club was introduced to generate



awareness among the students about Water conservation and preservation.



These clubs were formed in 60 schools with selected students of 30 each and thus 1800 students of these six Grama panchayaths have been take up activities like releasing of Hand written magazine in all the above schools@10 each in these Grama Panchayaths. Totally 60 magazines were published. Story, Poem, Painting and other water related progress are the contents of the magazine .We provided Scholl kits having pouch, Pencil, Name slip, scale etc to these Jalasree club members .The students were advised to take up their responsibility to conserve and preserve water in their schools, houses and surroundings areas.

#### **A. 5. Water auditing and Budgeting.**



Water auditing is a process of



assessing and analyzing water usage in a particular area or facility to identify areas

of improvement and implement water conservation measures. It involves a comprehensive examination of water consumption, water losses, and water efficiency practises. Water budgeting can be an effective technique of involving the local community in the understanding and monitoring of water resources. The training on water auditing and budgeting conducted in four Grama panchayaths for selected kudumbasree members .Water auditing is the process of evaluating and analysing the water use and water management practises. The trainings topics covered water usage of households and public. As a result of the training, participants identified opportunities for reducing

water usage, improving water management and conserving this precious resources .They prepared the house hold water budgeting.

**A.6. Installation of Hoardings and LED Wall.**



Installed the LED wall in these Grama



Panchayaths

offices. The aims, objectives, activities and water related slogans, Grama panchayath services etc are exhibited in the LED wall presentations .All the 6 LED wall were installed in front of these Grama Panchayaths.

The general public noticed and read the scrolling matters. We installed hoarding depicting the messages of water conservation and preservation. The hoardings were installed in two posts of each ward. All the Grama panchayaths areas are covered by the hoardings. The hoardings are clearly visible for the general public. The slogans shown in the boards are to save water today; secure for your tomorrow, Save water, before it's too late, Use water only when you need etc.

**A.7. Distribution of Water dispensers.** The basic requirements for the healthy

life is clean, fresh drinking water. Jalajeevan mission provided water dispensers in all Anganwadies and Govt. offices of each



Grama

panchayaths .

In total 300

water dispensers were distributed. The objectives of the dispensers are to help the students, workers and helpers in

Anganawadies and govt. officials getting access to safe drinking water and to reduce waterborne diseases.



**A. 8.Distribution of Bags and Water bottle to Anganwadi Students**

School bags and water bottles were distributed to Anganwadi students of these six Grama Panchayaths,viz Mattool, Madai, Cherutazham, Pattuvam, zhome and Azhikode. More than Two thousand students were benefited with this program.All the Grama Panchayth level distribution programmes are inaugurated by concerned Grama Panchayath Presidents in the presence of ward members, KAIROS director and Jaljeevan coordinators.



## II. A. ENVIRONMENT DAY OBSERVATION.

World environment day was observed annually on June 5 .The slogan of the Environment day 2023 is ‘Beat plastic pollution’ to focus on solutions of plastic pollution. The public function and awareness class was inaugurated by Mr. P.P. Mukundan,Chairman Andoor Municipality. The selected 50 Students



of St. Joseph’s College , Pilathara participated. The training class was handled by Mr.Vijay Neelakandan ,a



famous environmentalist. The training covered the subject of Protection and preservation of Environment, and the methods how to protect nature. Consume the less ,Our waste is our responsibility ,decompose organic waste , choose the reusable over single use ,properly recycle ,use less water ,conserve electricity, use the fewer chemicals ,avoid vehicles for walkable distances and follow the principles of three R , Reduce ,Reuse and Recycle .The participants are motivated by the subject and decided to follow and propagate the slogan of reduce ,reuse and recycle in their area.

## **II. B. KOLPING PROGRAM**

In continuation to the KAIROS programs, Kolping Kannur arranged public awareness and sensitization program in Kottugappara of Iritty Federation, with a slogan of “Better Environment-



Better Tomorrow”.

## **III .EDUCATON PROGRAMMES**

Education is the transmission of knowledge about the value and accumulated wisdom of a society to the coming generation. Most of our target people are dalits and Fisher folk. The new education systems and its changes are not reaching to our focus community. Education is the most important thrust areas of our society. To address the issues we implemented some Education programmes in the field.

### **III. A. Career guidance**

The students are confused about their career, for there are many career options to choose from as compared to the past .Career guidance helps the students in choosing careers that suits their interest, aptitude, and abilities. It improved their confidence to make decisions regarding the selection of courses. We conducted the career guidance training at Trichambaram for the students of 9<sup>th</sup> standard to +2 completed. The programme was Inaugurated by Rev. Fr.Sudeep Mundakkal ,Vicar of St.Pauls church Trichambaram.

The training session was lead by the Mr.Jose C.D Kasargode. The different type of courses offered in our state, National and international levels were explained. The participants were more motivated and updated the course details. The participants equipped to select their course according to their aptitude.

### **III. B.Education support**

KAIROS provided education support for selected 36 school students of poor families with the assistance of Br.Mathew from Italy. The assistance comes to Rs. 12000 to 15000 per year up to their reaching +2. Our monitoring team visited the students and prepared the status report .The team properly gave the guidance to the students and motivated to achieve goals.

### **III. C.Laptop distributio**



The present education scenario is entirely different from the past. The technology is changing day by day and it is reflecting in the education field. The online classes during the Covid period is a good example for the e-

learning. Thus Laptop became an essential part of the students. As the parents of our community are not financially sound enough to have laptops /notepad to their children. So KAIROS provided 20 lap tops for selected students from the poor family. The programme was supported by NGO confederation, Kerala.



### **IV.LIVELY HOOD ENHANCEMENT**

The lively hood enhancement programmes enhance productivity of poor individuals and community through focused interventions aimed at developing skills for greater income generating opportunities and there by enable better livelihoods.

The program also encourages savings within families and communities. We have provided several livelihood enhancement programmes with supporting agencies and financial Institutions.

#### IV. A. Entrepreneurship development Training



An entrepreneur is a creator or a designer who designs new ideas and business processes according to the market requirements and his own passion .KAIROS conducted different types of

Entrepreneurship training for selected members from our SHG's. The Save a Family Plan gives three day EDP trainings every year. Kolping society also provide EDP training for selected Kolping members. All these trainings were conducted with the technical support of District Industries Centre, Kannur and Rudset Institute Kanhirangad, Talipramaba. As a result of these programs most of the members started small scale ventures.

#### IV. B. Income Generation Programs.

In our target area most of the people are daily wagers or single earning members in their families. With their meagre income, it is very difficult to



bring both ends together. So they must have essential additional income to overcome the problems. For this, they have to venture in to new Income Generation Activity .The SHG members participated in the EDP training and motivated and decided to

start a new venture and prepared the budget of the programs and they need the financial support from outside agencies. The procedures and rate of interest is very high in several financial Institutions .This issue was put forth before KAIROS and Director contacted different banks and received financial support from Dhanalakshmi Bank. The members applied for loan through SHGs and received the loan amount after monitoring and evaluation. In this financial year, 750 members from 65 SHGs received the assistance up to the tune of Rs.7, 95, 20,000.The members started different type o IGP s, such as goat rearing, Dairy farm, Autorickshaw, stationary shop, Hotel, Chicken stall etc.The people are getting additional income from their ventures.



Kolping conducted entrepreneurship development training for selected members at KAIROS training centre. Eleven participants decided to start a small Income generating activity and applied to Kolping India .They provided financial support for Milch animal project. Eleven members started cow raring and now earning an additional income.In this financial period Save a family plan program, total amount withdrawn for the income generation activities is Rs. 36,65,292 for 156 families. 79 families started small business, 57 families started livestock. In total, 610 families were supported through these programmes



## **V. HOUSING PROJECT**

Housing is the basic need of the people. Own home is a dream of every one. The construction of house is the major task of our people .The cost of construction is not affordable for our target people .Most of the people completed their house construction through LIFE Mission and by Bank loans. In our area 50% of the people are not in a position to complete construction of houses due to the economic issues. They are waiting for support from other sources. The timely intervention of KAIROS, succeeded in supporting the house construction of these needy people. KAIROS implemented different type of house construction with support of the following agencies:

### **V A. Deena sevana sabha Housing Scheme**

Deena Sevana Sabah is a religious organization. The congregation was founded exclusively for the upliftment and the liberation of the poor. The motto is Service in Charity and Poor. The members of the community lead a very simple



life and dedicate their human and material resources for the integral growth and well being of the poor with a special focus on women, children and destitute .

The organization activities are care and support HIV/AIDS, Community Development programs,

Orphanage, and Caring for the sick and old.

KAIROS collaborated with DSS to construct the house for the poor people in KAIROS operational areas. We selected three beneficiaries and they succeeded in completing their dream homes

## **V. B. Ursuline Sisters Housing scheme**



KAIROS cooperated with Ursuline sisters in Kannur and provided financial support for eleven families for the construction of houses. The beneficiaries were selected based on certain criteria's. The village



development committees selected the beneficiaries and central level team approved and the fund was sanctioned in two stages. The village development committee and concerned regional co coordinators monitored the construction. In total eleven houses were constructed and ready for occupancy.

Under this project we have assisted ninteen families for completing their house. In total an amount of Rs.28,45,000/-

## **V. C. Kolping Housing Scheme**

With the financial support of Kolping India we assisted 3 families to complete their houses in Kannur Region .Total Amount was Rs.1,50,000/-, and we also provided sanitation support to seven Kolping member's. All the beneficiaries completed their construction in stipulated time.



## **VI. HEALTH AND SANITATION**

Health can be defined as being free from all diseases and infections. Health is not only the absence of diseases or illness but also physical fitness for meeting their day to day activities. A balanced diet and regular exercise play an importance role in maintaining the good health of an individual. There are many factors affect bad health. Health and sanitation are the major areas of our programmes. We implemented different type of activities under this programmes.

### **VI. A. ASAKIRANAM-Cancer Campaign**

The Ashakiranam cancer campaign has planned a wide variety of activities to engage, not only cancer patients through surveys, detection camps, mobile screening, patient support, counselling, and rehabilitation, but also the general public through its creative activities like public gatherings, days of observance and other things.

#### **VI.B. 1. Cancer day Observation**



Cancer day was observed on Feb 4 at

KAIROS Training hall with Public meeting and Nutrition Kit distribution .The Programme was inaugurated by Film Director Mr.Lal Jose by releasing ‘KAIROS CANCARE’ Project Logo in the presence of Most. Rev.Dr.Alex Vadakumthala, Bishop of Kannur.



Nutrition Kits were distributed by Msgr. Rev. Dr. Clarence Paliath. More than 150 Nutrition kits were distributed in the program. Mr. Jacob George, Chartered accountant, Rev. Fr. Jacob Jose and Rev. Fr.George Painadath etc. also

participated in the programme.

In this function we also honoured families below 50 years having more than 4 children, under the 'Family Mithra' Project. Gift vouchers were handed over to 21 families by Ursuline Provincial Superior, Sr. Veena UMI

## **VI. B. 2. Cancer awareness class**

Cancer is a chronic disease in the world with around 10 million people dying from cancer every year. The awareness creation is the one of the way for the prevention of cancer, and we conducted 32 cancer awareness classes in different areas of Kannur and Kasargode districts. The sessions were handled by Health department and Malabar Cancer care society officials of Kannur. The participants gained some knowledge about cancer, such as the most common type of cancer are breast, lung, colon and rectum, Prostrate, stomach and skin cancers and over 30% of cancers are preventable .Risk factors for cancer include tobacco ,obesity, physical inactivity ,alcohol, environmental pollution etc. Cancer can be prevented and controlled by some strategies by screening and early detection, treatment and care. The participants decided to attend screening and early detection camps and to start organic kitchen garden in their home. The KAIROS provided 5 types of vegetable seeds to the participants.



## **VI.B.3. Asakiranam College level Launching**



Cancer care campaign extended to college level and inaugural programmes conducted in St. Joseph College Pilathara. The programmes include Public function and Kit distribution. The programme was inaugurated by Rev. Fr. Jolly Puthenpura,



Assistant Director, Caritas India. Rev.Fr.Rajan Faustho, Manager St.Joseph college, Mr.Denny Philip, Principal St. Joseph college, Rev.Fr. Shaiju Peter , Vice Prncipal St.Joseph College ,Rev.Fr.George Mathew , Director KAIROS ,Mr.Abheesh Antony Co coordinator ,Caritas India, participated in the program.The college students ,selected leaders from the field ,cancer patients also participated in the program.

#### **VI.B.4. HIV/ AIDS PROGRAM**

In the last two decades, KAIROS was involved in the HIV/ AIDS programs, such as observing AIDS day programmes, Nutrition kit distribution, awareness classes and showing docufiction. AIDS day program was conducted at KAIROS training hall .The Public function was inaugurated by Mrs. P.P. Divya–President Kannur District Panchayath, in the presence of Rev.Fr.George Mathew –Director KAIROS and nutrition Kit distributed by Rev.Fr.George Painadath-Procurator Kannur Diocese.

#### **VI.B.5.SAJEEVAM –ANTIDRUGS PROGRAM**



The purpose of Sajeevam programme is to ‘Say no to intoxicating drugs’ .The school based drug prevention programs is to prevent, or at least diminish, student’s use of different varieties of illicit substances such as alcohol, tobacco, cocaine, MDMA and enhancing their awareness and understanding of harmful social and health effects of drug abuse. The Programme is conducted in association with Caritas India, Kerala social service forum, Excise and Health departments Kannur .We have conducted awareness classes for school children, youth and general public through classes, street plays, flash mobs and Public

rallies. In this reporting period, we conducted 33 trainings in different schools and villages of Kannur and Kasargode districts. The school officials and our village level structure such as village development committee actively involved and took the initiative to implement the programmes. More than 2123 students and youth participated in the programmes. It is really a remarkable programme of KAIROS. The Grama Pachayath officials such as President, Members, and secretary also participated in these programmes. The Health, Excise, Police department staffs handled the awareness sessions. The major achievement of the programmes are that, participants received knowledge about the consequences of drug abuse and decided to work in the anti drugs squad in the school premises and villages.



## **VII .CAPACITY BUILDING PROGRAMES**

Capacity building is defined as the process of developing and strengthening the skills and setting up systems and processes in organizational areas. KAIROS implemented several types of trainings for staff, SHG and Vikasana samithi leaders and general public of our areas.

### **VII. 1.Training to staff**

The objectives of the trainings are to improve the knowledge and skills of our staff. The main subject of the trainings is Problem tree analysis, Accounting and Auditing, Motivation Monitoring and evaluation systems. The training sessions were handled by Mr.Pradeep Maloth, Mr. Dennis Johnson and Mr.Sajeev Kumar. As a result of the training their managerial capability and systematic working patterns were improved

### **VII.2. Training to the Vikasana samithi Leaders .**

In the KAIROS system, the village development committee has a key role in the field .All the field level activities are implemented through Regional co coordinators and VS leaders. The trainings are essential for the leaders, for the systematic implementation .In the reporting period we have conducted trainings of Leadership, Management, Accounting, Motivation and Problem solving

methods. The eminent trainers handled the sessions. Mr.K.V.Chandran, Mr.Manuel.M, Mr.Abdul Rasheed and Smt.Priya Sajeev are the key resource persons of the trainings. After the trainings, the people leaders of our Vikasana samithi improved systematically.

### **VII.3.Training to Animators and SHG leaders**

Animators are the grass root level office bearers of the KAIROS. They involved in the field level activities and checking the records and files in the field level structure of KAIROS, with the support of regional coordinators. We conducted the training on Leadership and Management, Accounting and Auditing, Report writing Skills, Account digitalization. The sessions were handled by Mr.Abhilash (Rudset), Mr.Pradeep Kumar, Mr.M.V.Chandran and Mrs.Riya Vijayan.As a result of the training, their managerial capacity was enhanced and updated their level of knowledge.



### **VII. 4. Training for Kolping Leaders and Members**

The objectives of Kolping groups are for enhancing the capacities of the marginalized community through group formation. Providing trainings and other activities of housing, income generating programs and issue based development programmes in the selected villages. In the reporting period, different type of trainings were provided to the Kolping members for their development. Three level trainings such basic level training, Village level training and federation level trainings were conducted.



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#### **VII.4.a. Basic level trainings.**

Kolping provided some basic level training for newly formed Kolping groups and its elected leaders.

These trainings are Leadership training, Orientation of Kolping families for concept and practices and book keeping. The trainings are handled by KAIROS staff Mr.Arun das, Mrs. Jessy Reji,

Mr.M.V.Chandran and Mrs.Bincy

Shaju .The new group members got knowledge about the concept of Kolping and can manage their new group efficiently



#### **VII.4.b. Village level trainings.**

Kolping has selected four villages based on their issues and some activities are implemented and tried to address their issues with the support of local Grama Panchayath and other government departments. The selected villages are Mattol for contaminative water, Poovam for solid waste management, Azhikode for open defecation and Keezpally for conventional farming.

We have conducted several trainings such as sensitization of the community on ecological issues, Motivational trainings to target community leaders on solar energy and organic farming. Health department and Grama Panchayath officials also associated with all the process of the programs .The water quality test was conducted in Mattool Grama Panchayath with support of Jaljeevan mission. Under conventional farming, we promoted Kitchen garden in Keezpally. Provided 7 sanitary latrines in Azhikode with support of Kolping India. Kitchen waste management system was provided by Pariyaram Grama panchayath in each households of Poovam.





After the close intervention of this programme, slight positive changes were noticed in the village people and they were aware of reducing their over use of water and developed a habit of using pure vegetables from their kitchen garden.

#### **VII.4.c. Federation level trainings**

We have provided different type of trainings for selected federation level leaders of Kolping families.

The trainings are, The roles and functions of federation and leaders, Project orientation training to leaders, Life skill and conflict management. The sessions are lead by Mr.Abhilash (Rudset



Institute,) Mr.George Mohon, Mr. Arundas and Mrs.Seema Saji. After the training the leaders enhanced their capacity and were motivated. Field level activities are delivered timely and perfectly

#### **VIII. Youth Empowerment Training**

We have provided the youth empowerment training for the selected 35 youth, collaborated with Indian Social Institute, Bangalore. The aim of the training is to develop critical thinking and updated knowledge among the youth through regular trainings. Trainings are conducted Quarterly, each training contains 3 days residential, followed with a module. All these classes are handled by subject experts from Rudset institute Kanhirangad ,



District Industries centre Kannur , KILA extension faculties Kannur, NGO representatives and eminent Freeland resource persons and is absolutely free of cost. This year we conducted four training in different areas. Discussions, engaging in community issues and facilitating fact finding studies are also included in the trainings. The subjects are covered to identify the roles of youth as individuals in their families and community, to realize their potential and

move towards their dreams, Democracy, citizens and peoples entitlements, Understanding and reducing vulnerabilities, Women and mother Earth, Participation and accountability were also covered. After the training the participants were highly motivated and identified their potentiality and restructure their dreams. They received knowledge from the training about the society and its journey, common rules such as RTI, Environment and gender issues in the society, and role of youth to reduce the issues. Indian Social Institute will select students, who have undergone the entire training programs of two years, for advanced training courses.



#### **IX. DAY CELEBRATIONS.**

Every year KAIROS observed the special days.

#### **IX.A. Women's day**



International women's day was celebrated on 7 th March 2024 at KAIROS training hall. This programme was held in two sessions. Morning session is a debate on Women's reservation bill 2023. The session was inaugurated by Rt.Rev.Dr.Alex Vadakkumthala,

Bishop of Kannur Diocese and the panellists were Mrs.Prof.KA.Sarala Ex. President District Panchayath, Kannur, Dr.Nirmala AC, Rtd. Principal Providence college Kozhikode, Dr.Shony Roy Gynaecologist, Govt.Hospital Kannur, Prof. Cicily James, St.Joseph College Pilathara. Rtd.Judge.Mr.P.Suresh moderated the



sessions. Selected 120 women leaders from different walks of life of Kannur town and leaders from our target area participated in the programs.



Afternoon a Public function was held at Jawahar Auditorium Kanur. The program was inaugurated by Adv. Indira Premanand, Deputy Mayor, Kannur Corporation, which was presided over by Most. Rev. Dr. Alex Vadakumthala, Bishop Kannur Dioceses .The

key note address was by Dr. Mary Rijina Prof and Head, Kerala Agriculture University, Mannuthy Trissur. After the public program, Women's regional teams presented different cultural programmes. Over all, the program participants gained good knowledge about Women's reservation Bill 2023 details and celebrated their day joyfully

### **IX.B.KOLPING ONAM ULSAV**



The festival of onam is celebrated throughout the state of Kerala. Onam is the most popular and official festival in the state of Kerala. It is celebrated with joy and enthusiasm by Malayalees all over the world. regardless of region, caste

or creed. Kolping Kannur celebrated Onam by the caption **Onam ulsav 2023.**

Public Program was inaugurated by Sree. Kadannapally Ramachandran MLA Kannur, As a part of the promotion of organic farming, vegetable seeds were distributed by Most. Rev. Dr. Alex Vadakkumthala, Bishop, Kannur Diocese. Onam Kit was distributed by Rev. Fr. Maria Suosai Kolping India National Director. The Kolping National team



members Mr. Sebastian, Mr. Paul Colap also participated in the program. More than 300 members attended. Cultural programs also conducted. Regional level team presented different cultural programs.

### IX.C. World nature conservation day



The observation of the world Nature conservation day is aimed at preservation of natural resources, bio diversity and ecology across the world.

The World conservation day was observed at Poovam, Taliparamba. The programs were Public function, Awareness class and seeds distribution. Public Function was inaugurated by Rev. Fr.George Mathew, Director KAIROS and session was handled by Mrs. Renisha Mannambeth, (Asst.Prof. Horticulture KVK Kannur). In this class the faculty dealt with minimize waste and conserve resources. The participants should follow the methods of reduce, reuse, and

recycle to minimize the waste and to start planting trees and promote the kitchen garden in the available spaces of all the members of Kolping Kannur and practice the organic agriculture.

And seeds were distributed by Mrs. Maria Gorathi, President Kolping Kannur.

### IX. D. May day



Kerala Labour movement Kannur organized the May day program in Payanngadi bus stand. The public function Inaugurated by Rev. Dr. Clarence Paliath , Vicar General ,Kannur Dioceses. The trade union leaders of different parties, such as Mr.Vinod.V. (CITU), Dinu Mottammal (INTUC).Mr.Thavam (Balakrishnan) (AITUC, Mr. Ali Akbar (STU) KLM Kannur director Rev. Fr. George Mathew, Mr. Thomas, Treasurer, Peter Kolakkad ,Secretary etc. felicitated in the function., KLM Kannur Diocese President Mr. Raviraj presided over the function The unity of unorganised sector is essential for the present scenario for bargaining their necessities.

## **X. RESEARCH AND DEVELOPMENT**

Research and development is one the major areas of KAIROS programmes. In the last two decades, we have conducted different research programs with the support of different departments. This year we have worked in the following areas

### **Social Impact assessment Study (SIAS) .**



The objective of social impact assessment study is to gather social impacts related to environment, loss of labour, rehabilitation and resettlement, which is going to



happen, when land is acquired for public purposes. KAIROS is a state level accredited agency. In the reporting period we have completed certain projects in different districts of Kerala. Our team visited the all the project areas and interacted with land owners, stakeholders and elected representatives personally and officially. The draft report is submitted to the District collector as a first step and conducts public hearing and after gathering suggestions from land owners and stakeholders and submit the same to the requisition authority and after getting the remarks final report is submitted to the district Collector. The timely and effectively completed projects are Neendunokki-Kottiyoor bridge, Koduvally ROB, Indoor stadium in seven Grama Panchayaths of Dharmadam

LAC, Moolakeel Kadavu bridge in Kannur district Mankulam Hydro electric project Idukky distriict,Kodumunda ROB in Palakad District .

#### **XI. FAMILY DEVELOPMENT PROGRAM**

Save A Family Plan (SAFP) is a non- governmental and voluntary development organization with a vision of ‘Partnering with the poor for a just a world’. The inspiration and charism of SAFP’s founder, Msgr. Augustine Kandathil, has become the corner stone of SAFP through which thousands of families are being assisted to come out of poverty. SAFP has maintained strong donor base supporters, a consistent network of thousands of volunteers, development organizations, developmental & technical professionals and thousands of grass root level people’s organizations actively involved in the development process. Total families benefited during this reporting period is 167,

Active families : 156, Completed families : 11

Total amount transferred : Rs. 36,65,292 ( Rupees thirty six lakh sixty five thousand two hundred and ninety two only )

The beneficiaries utilised their amount for, Small business initiative : 76,

Livestock farming: 57,

Education : 11,

Medical treatment : 2,

Infrastructure Development : 10

#### **Success Story:**

**Name of Partner Family: Swapna A.K.**

In this family, we can see the differences between the way of living of Swapna this time and starting time of Family Development Program. They achieved so many good changes in their living condition. They improved a lot in their living standard. Participation in community activities and other gatherings are



increased after getting support from Family Development Program. During the time of selection, she lives with her parents and her only daughter, after her husband left them. Her parents are old, so the entire family's responsibility was on her shoulders. Through our training she increased her decision making ability and became able to fulfil their primary needs. Now she can take care of her family very well including her parents and daughter. She is now trying to get a government housing scheme to build a house.

With the financial support from Family Development Program, Swapna started snacks business as her small business initiative. She started this initiative with confidence to change. She became successful in this initiative. Swapna got orders for evening snacks regularly. Now she is actively doing goat rearing also using the support from Family Development Program. She owned more than three goats. This initiative helps her to earn a reasonable income. From the income received from her initiatives she can provide good medical support to her aged parents and give good education and nutritious food to her daughter.

## **XII.SOCIAL SECURITY SCHEMES**

The Every individual would like to join in any social security schemes for their good future. The Govt. and Private sectors are introducing different schemes for the social security purposes such as pension, Health Insurance, Medical Insurance, Maternity benefit etc. from different Kshemanidhies and Insurance schemes. At present a very small number of workers are getting opportunity to be enrolled in different khemanidhies. So we are conducting different awareness programs to educate common people about different govt schemes. The Kerala labour movement is guiding us for implementing different type of welfare Schemes to the un organised workers of different sectors.

### **XII. 1.Kerala labour movement**

KLM is an organisation under the auspicious of Catholic Church of India, working for the welfare and empowerment of the workers especially in unorganised sectors. KLM is propagating about the different types of Kshemanidhies formed for providing social security for the unorganised

workers. We have enrolled 124 members in Tailoring Kshemanidhi and renewed 40 members .In shop and other commercial establishments, we have enrolled 750 members and renewed 50 numbers. In suraksha scheme we have enrolled 923 numbers and 60 numbers received their superannuation benefit for Rs 8,40,000/-. We have arranged 25 marriage assistance claims under Shops and other commercial establishments and disbursed Rs 3,75,000 under this scheme.

## **XII 2 . Jeevan Madhur Insurance schemes**

KAIROS is serving as an agency of Jeevan Madhur Life Insurance schemes especially Micro Life insurance schemes. We have enrolled 1500 members in our areas. The LIC coordinator and unit animators are monitoring schemes in the field level. Total 15 policies are matured in this reporting year.

## **XIII . COMMUNITY MOBILISATION AND EMPOWERMENT**

Community mobilisation is the process of bringing together as many stakeholders as possible to raise people's awareness, assist in the delivery of resources and services and strengthen community participation for sustainable and self reliance. KAIROS introduced a strong system and structure for the community empowerment and strengthening the participation.

### **XIII A. Self Help Groups**

We introduced self-help groups for the overall development of the socially and economically backward community. Self-help groups are informal groups of people who come together to address their common problems. The SHG members meet on a weekly basis, discuss their common issues, and develop strategies to overcome them. Thrift promotion and issue of loans to their needy members for starting Income Generating Programs (IGP) are their main activity. After linking, these SHGs received loans from banks and other financial institutions for their needs. Further, discussing government projects, promoting income generation activities within the groups, and involving them in social development programs. These are the major activities of SHG. We have 458 SHGs that are running well in this manner. Some SHGs are provided with loans of more than 3 lakhs. We are grading SHGs based on certain criteria for getting better assistance from banks.



### **XIII.B. Village development committee**



The village development committee is an apex body of grass-roots-level structures and programs of the KAIROS, such as the self-help group, family development program, Kolping Groups, KLM groups which are the official team of village development committee. The committee came together monthly to evaluate all the programs and future plans. All the KAIROS programs are implemented at the village level through the village development committee. The village committee is involved in all the development programs in the Grama panchayth and social movements. Altogether, 72 village committees are working under KAIROS in Kannur and Ksargode districts. VDC also involved in the liaison work of government and non-government schemes for the grass-roots-level structures. VDC conduct the different programs bimonthly to strengthen structures and ensure community participation for sustainability and self-reliance. Village-level animators and VDC officials are monitoring the programs.

### **XIII C. Regional Federation and Centrel Federation**

The Regional Federation is the apex body of the village development committee. Altogether, six regional federations are working under KAIROS. The names of the regional federations are Pilathara, Kanhangad, Taliparamba Payanagadi, Kannur and Iritty. The regional coordinators and elected regional federation office bearers are managing all the programs of the regional federation. Regional meeting was conducted monthly to evaluate all the programs of the village development committee and plan the future programs of regional federations. There are ten to thirteen village committees in one regional federation. Many activities are implemented in the regional Federations for the strengthening of community-based organizations. The central-level federation is also the apex body of the regional-level federation. A central-level federations meeting was conducted half-yearly. Evaluations and plannings are the processes of the meeting. All the regional federation teams presented half-yearly reports with future plans. All the regional-level programs were formulated in the regional meeting. The quarterly meeting strengthened the regional federation

and office bearers.

#### **XIV. MIGRANTS WELFARE PROGRAMS**

Caritas India is focusing on the welfare of migrant workers through its new program 'CHARIS'. The migrant workers are those who travel to other states for work, usually following the market and seasons. Most of the workers came from Tamil Nadu, Uttar Pradesh, Assam, Bihar, Orissa and Bengal. The aim of the project is to ensure the safety and health of migrant workers. Major activities for the charity are vaccination, medical and hygiene kit distribution, health awareness classes, and health insurance.

##### **XIV. a. Health Awareness Class**



We are conducting health awareness class at Payangadi for the selected migrants. The program was inaugurated by Mr. Rajan V (Ward Member Madai Grama Panchayath) which was presided over by Rev. Fr. George Mathew (Director KAIROS). The sessions were led by Mrs. Soumya Health Inspector and Team of



Muttam Primary Health Centre. Migrant's Day and Christmas celebrations were also conducted on the same day. The Christmas Kit was distributed by Mr. KV Chandran, Program Manager, KAIROS. A total of three awareness classes were conducted in different areas in Dharamasala and Mudikanam. In total 131 migrants participated in the three trainings. Migrants are more aware of their health and cleaned their surroundings with the support of the health department.

#### **XIV. b. Health Camp**



We have conducted health camps at Mudikanam, Payanagdi, Darmasala, and Thayneri, in association with Baby Memorial Hospital Kannur. The qualified doctors, nurses, and pharmacists and community health workers lead the camps. The camps included free medical checkup, distribution of free medicine along with different lab tests such as Blood pressure, Blood sugar and Haemoglobin. The program was presided over by Rev. Fr. George Mathew Director KAIROS and inaugurated by Mrs. Teena Vincent Standing committee chairman (Health) of Pariyaram Grama Panchayath. Total 4 Medical camps were conducted and 294 migrants participated in the camps. These camps helped the migrants to get free check up and medicine and aware about their health.

#### **XIV. c. Health Insurance**



Health insurance is essential for every individual in the present scenario due to the fact that the costs incurred for health are not affordable for poor people. The coverage of the health insurance includes the services of doctors, medicines, and room rent. It helps to keep health care free of charge. We have submitted all the data about 155 migrants and handed over the insurance

policies to each individual. In the insurance policy handing over program, an awareness class was also conducted. The sessions were led by Mr. Abeesh and his team from Caritas India. We covered health insurance for 155 migrants.

#### **XIV. d. Medical Kit Distribution**

The medical kit distribution program was conducted in Payangadi and in other six areas for the selected migrants. These programs were inaugurated by Mr. Saheed Kayikkaran, President of Madai Grama Panchayath, and presided over by Rev. Fr. George Mathew Director KAIROS. The medical kit was distributed by Ms. Dhanalakshmi PV, Vice President, Madai Grama Panchayath. Totally, seven programs were conducted, and 395 kits were distributed to the migrants who participated.

#### **XV. CSR Project**

##### **XV. a. Ambadi Group**

Ambadi is a primary design and manufacturing centre for some of the world's leading home textile, retailers and brands. This year we succeeded in getting CSR from this group and received computers, computer table and chairs and we could also arrange CSR fund for construction of wash rooms having a capacity of 5 and 5 computers to the St. Peter's LP School near our office.

##### **XV. b. NGO Confederation**

NGO Confederation is the platform of thousands of NGO's from across India, working together to achieve social development and welfare of our nation. In the reporting period we arranged 20 computers to brilliant students of poor families at a subsidized cost of 50%. In the coming years we expect more support for different projects from this Confederation.

#### **CONCLUSION**

We express our sincere gratitude to all our partners, volunteers, supporters, and donors for being co-travelers on the journey. This year is a significant year, and due to that, we are very accountable and responsible for optimum utilization of local contributions from the stakeholders and CSR fund from other sources.

**THANK**

**YOU**